

# Io e Te

## ENTREES

<b>Pane All'Aglio ( (Garlic Bread) vg</b>	9.0
<b>Pizza Bianca vg v</b>	11.0
Garlic Oil or Rosmarino & Sea Salt	
<b>Io e Te Tasting Board</b>	29.0
Chefs Selection gfo	
<b>Grilled Tiger Prawns</b>	25.0
Chilli Butter & Lemon gf	
<b>Half Shell Scallops</b>	25.0
<b>Beef Carpaccio gf</b>	22.0
<b>Pork Belly Bites</b>	22.0
Charred Corn, Chilli Butter	
<b>Croquettes Potato &amp; Parmigiano vg</b>	18.0
<b>Four Cheese Arancini vg</b>	16.0
3 per serve	
6 per serve	30.0

## PASTA

<b>Risotto</b>	34.0
Mixed Seafood, White Wine gf	
<b>Linguine Crab</b>	34.0
Crab Meat, Basil Zest of Lime gfo	
<b>Green Spaghetti Prawns</b>	34.0
Spaghetti Chitarra Spinach Prawns, Cherry Tomato, Zest of Lemon, Olive Powder gfo	
<b>Seafood Tortelloni</b>	34.0
Prawns, Scallops, Light Pea Puree	
<b>Fusilli Avellinesi alla "Norma"</b>	32.0
Eggplant, Cherry Tomato, Tomato Sugo, Stracciatella vg vo	
<b>Mezza Manica</b>	32.0
Guanciale (cured pork), Broccoli	
<b>Gnocchi Asparagus &amp; Zucchini</b>	32.0
Poppy Seeds	
<b>Gnocchi Ragu</b>	32.0
Beef Cheek Ragu	
<b>Spaghetti Carbonara Traditional</b>	30.0
Guanciale (cured pork) Egg, Parmesan Chesse gfo	

## PLEASE NOTE

All our pasta's are served with garnish or parmesan

## MAINS

<b>Fish Of The Day</b>	43.0
Eggplant, Asparagus, Mediterranean Sauce, Olive Powder gf	
<b>Filletto 250g (Eye Fillet)</b>	43.0
Rosemary Roasted Potatoes, Broccolini Green Peppercorn Sauce gf	
<b>Pork Belly</b>	36.0
Baby Carrots, Cherry Red Wine Sauce gf	
<b>Chilli Mussels 1kg</b>	36.0
Focaccia gfo	

## SIDES

<b>Hand Cut Chips vg v</b>	9.0
<b>Seasonal Salad vg v</b>	9.0

## KIDS

<b>Penne or Spaghetti</b>	17.0
CHOICE OF Napoletana, Bolognese, Butter	
<b>Margherita Pizza</b>	17.0
<b>Ham Pizza</b>	17.0
<b>Hawaiian Pizza</b>	17.0

## DIETARY REQUIREMENTS:

gluten free (gf)  
gluten free option (gfo)  
vegetarian (vg)  
vegetarian option (vgo)  
vegan (v)  
vegan option (vo)

## NO MENU CHANGES

# Io e Te

## RED BASE

San Marzano Tomato Sauce & Fior di Latte Cheese

**MARGHERITA** 23

**NAPOLETANA** 24

Capers, Anchovies, Olives, Garlic, Oregano

**SICILIANA** 24

No Cheese  
Olives, Garlic, Oregano

**SAN DANIELE** 29

Prosciutto, Rocket, Cherry Tomatoes, Parmesan

**CAPRICCIOSA** 29

Leg Ham, Artichokes, Mushrooms, Olives

**PESCATORE** 31

Prawns, Calamari, Mussels

**PASTORE** 29

Fresh Italian Sausage, Oregano,  
Red Onion

**MARIO** 29

Leg Ham, Salami, Hot Cacciatore

**INFERNO** 29

Spicy Nduja Sausage, Hot Cacciatore,  
Red Onion, Olives, Crushed Chilli

**SALUMI** 29

Mild Salami, Stracciatella

**DEMONIO** 29

Chicken, Bacon, Capsicum,  
Crushed Chilli

**SAPORITA** 30

Leg Ham, Mild Salami, Bacon,  
Fresh Italian Sausage

**BARBARIAN** 29

Chicken, Bacon, Spinach Puree

**VEGETARIAN** 28

Mushroom, Zucchini, Red Capsicum, Spinach Puree

## WHITE BASE

Fior di Latte Cheese

**LUCIA** 29

Prosciutto, Rocket, Stracciatella

**CAPRESE** 28

Cherry Tomatoes, Oregano, Stracciatella,  
Basil Pesto Base

**DELICATA** 29

Mortadella, Stracciatella, Pistachio

**BIZZARRA** 29

Mortadella, Zucchini,  
Basil Pesto Basil

**SARDA** 28

Roasted Potatoes, Hot Cacciatore, Pecorino

**RUSTICA** 28

Roasted Potatoes, Italian Sausage,  
Red Onion

**FUNGHI** 29

Mushrooms, Pecorino,  
Wild Mushroom & Truffle Cream Base

**IO e TE** 29

Prawns, Cherry Tomatoes, Zucchini,  
Basil Pesto Base

**CARNIVORA** 30

Fresh Italian Sausage,  
Hot Cacciatore, Chicken, Bacon

**POPEYE** 27

Mushroom, Pecorino, Garlic Oil,  
Spinach Puree